

1. Apply foundation to the entire face, right into the hairline and including down the neck. If dark spots, use concealer to cover prior to applying foundation (remember always use a shade lighter than foundation).
2. Apply translucent powder to entire face including eyelids to reduce shine. Eyelid primer can be applied to eyelids to help set eye shadow.
3. Apply blush from outside to inside, right up to hairline. Apply a light brush of blush to the forehead, nose and chin. Bronzer can also be used instead.
4. Apply base eye shadow (lightest colour) to eyelid, concentrating mostly in the corner section of the eyes.
5. Apply mid-tone (medium colour) eye shadow the outer half of the eyelids, blending up to the crease of the eyelid.
6. Apply the dark eye shadow along the crease of the eyelid. This should be a thin coverage with the outer corners of the eyelids slightly filled in.
7. Apply white eye shadow (lightest colour) just below the eyebrow.
8. Shade over the eyebrows with appropriate colouring to enhance. If eyebrows are blonde, please use a light brown colour. This can be done with eyebrow pencil or eye shadow and brush.
9. Apply eyeliner to the top & bottom of the eyelids & apply mascara. False eyelashes only for use by Senior/Adult dancers if chosen and must be appropriate sizing so to look natural.
10. Apply lipstick and blot to ensure no smudging.

Please note; Once Upon a Ballet™ makeup for this age group is not required. However if your child wishes to they may wear some mascara (if they will let you!) and light red lip gloss.

Why make-up? It is important for the studio to teach our dancers the reason behind why dancers wear make-up on stage. The simple reason is that the intensity of stage lighting can wash away the facial features of our dancers. We do not wear make-up to make our selves 'more' beautiful. Make-up is not something you wear all the time and it is for a functional purpose only.

If you or your child have personal or physical reasons as to not wear make-up please let us know, we do understand!

